

15.18 Participation in recreational activities¹

Activity	Persons 10 years and over ²		Activity	Persons 10 years and over ²	
	'000	%		'000	%
Walking	11,861	57	Popular dance	2,610	13
Bicycling	7,838	38	Baseball	2,285	11
Swimming (pool)	7,498	36	Downhill skiing	2,244	11
Jogging, running	6,456	31	Ice hockey	1,958	9
Gardening	6,183	30	Bowling	1,717	8
Home exercises	5,832	28	Exercise classes	1,641	8
Ice skating	4,330	21	Racquetball	1,227	6
Cross-country skiing	3,631	18	Curling	999	5
Tennis	3,050	15			
Golf	2,623	13	Total participants	20,718	100

¹ *Fitness and Lifestyle in Canada*, 1981 Canada Fitness Survey.² Participating at least once in 12 months preceding the survey.**15.19 Selected activities of Canadian travellers, 1984**

Activity	Person-trips ¹ '000	Activity	Person-trips ¹ '000
Shopping	30,454	Hunting or fishing	6,485
Sightseeing	15,636	Cross-country skiing	1,306
Winter carnivals	256	Downhill skiing	2,123
Local festivals or events	4,799	Other sports or outdoor activities	14,552
Attend cultural events	3,515	Other	3,586
Nightlife, recreational activities	13,029	No activities reported	19,577
Visit zoo, historic site, natural display	5,630		
Visit national, provincial or regional park	6,174	Total with one or more activities	77,214
Attend sports events	5,872		
Swimming	10,997	Total	96,791

¹ Travel by residents of Canada on trips of 80 km or more with destinations in Canada.**Sources**

15.1, 15.3 - 15.8, 15.10, 15.12 - 15.15, 15.17, 15.19 Education, Culture and Tourism Division, Statistics Canada.

15.2 Information Services, Department of Communications.

15.9 Library Documentation Centre, National Library of Canada.

15.11 Communications Branch, National Film Board of Canada.

15.16 Public Affairs, Canadian Broadcasting Corporation.

15.18 Promotion and Communications Section, Fitness and Amateur Sport.